

DEPARTMENT OF THE NAVY
BUREAU OF NAVAL PERSONNEL
WASHINGTON, D.C. 20370-5000

IN REPLY REFER TO

BUPERSINST 1710.20
Pers-651
02 DEC 1992

BUPERS INSTRUCTION 1710.20

From: Chief of Naval Personnel
To: All Ships and Stations (less Marine Corps field
addressees not having Navy personnel attached)

Subj: ADMINISTRATION OF NAVY SPORTS PROGRAMS

Ref: (a) DoD Directive 1330.4 of 9 Mar 87 (NOTAL)
(b) BUPERSINST 1710.11B

Encl: (1) Definitions of Sports Activities
(2) Instructional Sports
(3) Recreational Sports
(4) Athletic Sports
(5) Hosting of Navy Sports Trials, Armed Forces Sports
Championships, and Conseil International Du Sport
Militaire (CISM) Competitions
(6) Non-Navy Sports
(7) Navy Boxing Competition
(8) Awards
(9) Sports Safety Program
(10) Sports Governing Bodies/Sports Organizations for
Navy Sports and Armed Forces Sports Championship
Competition
(11) NAVPERS 1710/20 (11-92), Navy Sports Application

1. Purpose. To provide policy and standards for the operation and management of the Navy Sports and Fitness Program to ensure quality programs and facilities on naval installations per references (a) and (b) and enclosures (1) through (11).

2. Cancellation. NAVMILPERSCOMINST 1710.7A.

3. Policy and Scope. Navy policy provides Navy personnel and their families with sports programs and facilities which will effectively contribute to their quality of life. All personnel must include some form of exercise in their daily routine to attain and maintain an acceptable state of total physical fitness. The sports program will consist of voluntary sports activities conducted for the purpose of promoting physical and mental readiness; developing positive self-concepts; allowing for creative expression; fostering moral development and community membership; emphasizing the value of cooperation; assisting in discovering positive use of leisure time; developing lifelong recreation skills; and encouraging self-reliance and independence.

02 DEC 1992

4. Responsibilities

a. Chief of Naval Personnel (CHNAVPERS) is the program manager for the Navy-wide Morale, Welfare, and Recreation (MWR) activities. General supervision, policy guidance, and technical and administrative direction for all MWR programs afloat and ashore are exercised by the Director, MWR Division (Pers-65).

b. Commanding Officers. The administration and operation of local MWR programs supporting all eligible personnel are the responsibility of cognizant commanding officers. Such responsibility is a command function subject to the overall administrative guidance contained here.

c. MWR Directors. The MWR director is charged with the responsibility of organizing and overseeing the local sports program.

d. Recreational Sports Directors. The Director, Recreational Sports is directly responsible for the following:

- (1) Planning, organizing, administering, supervising, and evaluating the local sports program for men and women;
- (2) Developing short and long range goals for the program;
- (3) Assessing resources needed in connection with patrons' needs;
- (4) Justifying and recommending the construction, modification, and renovation of facilities;
- (5) Budgeting for fiscal resources as needed; and,
- (6) Coordinating with local community sports organizations to ensure a well-balanced, quality, and comprehensive program with little or no duplication of services.

5. Action. All levels of command shall comply with the provisions of this directive.

6. Form. NAVPERS 1710/20(11-92), Navy Sports Application, may be obtained from the Bureau of Naval Personnel, Physical Activities Section (Pers-651E), DSN 286-6492 or commercial (703) 746-6492.

Rear Admiral, U.S. Navy
Deputy Chief of Naval Personnel

BUPERSINST 1710.20

02 DEC 1992

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DEFINITIONS OF SPORTS ACTIVITIES

The Navy Sports program consists of three main elements: Instructional Sports, Recreational Sports, and Athletic Sports. Individual expression through participation in sports activities is the intent of the Navy Sports program.

1. Instructional Sports. The teaching of sports skills, strategies, appreciation, rules and regulations for the purpose of educating the participant and improving performance which are essential to a positive sports experience. Instructional sports incorporate teaching on an individual or group basis through methods such as clinics, short courses, and lessons. There are usually three levels of instruction: beginner, intermediate, and advanced. Example of lifetime sports instruction include: tennis, racquetball, golf, bowling, cycling, swimming, weight training, conditioning and strength training, jogging, walking, and aerobic dance.

2. Recreational Sports. The programming of sports activities for the sake of participation and fun. It is a diverse area that comprises four separate divisions: Informal Sports, Intramural Sports, Extramural Sports, and Club Sports in the Navy. Each division represents varying levels of ability and interest.

a. Informal Sports. An individual approach to sports with no pre-determined goals except that of participation in sports for fun and fitness. Examples of informal sports activities are: workout at the fitness center, early morning swim, a bike ride, a lunch time run/jog, a racquetball game after work, or a pick-up softball or basketball game on the weekend.

b. Intramural Sports. Structured contests, tournaments, leagues, or other events conducted within individual commands or among those commands served by a common MWR fund. The intramural program should be designed to encourage participation by both men and women and to accommodate all personnel to the maximum extent possible. The intramural program should include the following types of events:

(1) Individual Sports - events that allow individuals to participate alone (e.g., golf, bowling, swimming, archery).

(2) Dual Sports - events that require at least one opponent (e.g., badminton, table tennis, racquetball).

(3) Team Sports - events that specify a number of players who play as a unit or organized team of either men, women, or coeducational divisions (e.g., basketball, softball, soccer, volleyball).

(4) Meet Sports - separate events usually completed within a specified period of time (e.g., swimming, track and field, wrestling).

(5) Special Events - non-traditional events usually not practiced by the participants (e.g., Sports Festival, Superstar competition).

c. Extramural Sports. A structured participation conducted among commands/installations in the same general geographical area in which participants represent their local installation. The extramural program may have two elements but one is always present. The basic program is the Navy Regional Sports program which is an outgrowth of the local intramural sports program. The second feature, which a local installation/command can provide, is the varsity/base team concept. These are two separate and distinct programs.

d. Club Sports. Any particular sport organized because of a common interest by special interest groups. Examples may include a rugby club or martial arts club at a local installation.

3. Athletic Sports. The directing (e.g., training or coaching) of active duty individuals towards increased excellence or success in sports performance. The participants receive specialized external leadership with an emphasis on excellence in performance. This division comprises four program areas: Navy Sports Trial Camp, Armed Forces Sports Championships (AFSC), Conseil International Du Sports Militaire (CISM), and national/international competition(s).

a. Navy Sports Trial Camp. The Navy Sports Trial Camps are open to all active duty men and women. Selection of individuals to attend these camps is based on submission of applications to the Bureau of Naval Personnel, Physical Activities Section (Pers-651E). Athletes selected for these camps will be evaluated and trained to compete for selection to represent the Navy in the Armed Forces Sports Championships.

b. Armed Forces Sports Championships. Sports competition conducted under the cognizance of the Armed Forces Sports

Committee (AFSC). The main purpose is to promote understanding, goodwill, and cooperation among the Armed Services through interservice sports competition. The program also serves as a means of selecting teams and individuals to represent the Armed Forces in national and international competition.

c. Conseil International Du Sport Militaire (CISM). Military service sports competition among the countries of the world. It is an elite competition with tremendous national pride and political importance.

d. National/International Competition. Under the provisions of reference (a), personnel of the Armed Forces may be allowed to train for and participate in such international sports competitions as are considered by the State Department to be in the best interest of the United States.

INSTRUCTIONAL SPORTS

The goal of the Navy is to foster values, morale, camaraderie, and readiness through instructional sports. The purpose of instructional sports is to enhance and foster learning, provide the opportunity for personal improvement, and to help patrons develop positive attitudes about physical activity which will contribute to health and wellness throughout their lifetimes.

1. The local recreational sports division should introduce, educate, and motivate participants in sports activities through well-planned and well-presented instructional classes. The selection of sports instructors is critical to the success of the program. The instructor must have a sound sports knowledge base as well as an understanding of the learning process and teaching methods. All commands/activities utilizing instructors (e.g., aerobic, swimming, martial arts, etc.) must ensure that they have current certification based on national governing body criteria. Each installation should provide the following instructional sports opportunities:

a. Annually, conduct instructional sports programs in at least five informal (self-directed) lifetime sports. Examples include: bowling, tennis, golf, racquetball, swimming, and fitness training. Classes/clinics should also be held for these informal sports, structured by skill levels (i.e., novice, intermediate and advanced) to ensure a proficiency ladder for and the safety of all patrons.

b. Conduct at least two special events or programs annually, such as health fairs or fitness clinics, in support of special wellness programs.

c. Conduct seasonally oriented sports classes 3 times a year to prepare individuals/teams for sports competition.

d. If a suitable swimming pool is available on base or in the local community, swimming instruction in various levels of proficiency and stroke technique should be made available.

2. Elements of the Instructional Sports Program may be held in coordination/conjunction with the Recreational Sports Program or seasonal interest.

RECREATIONAL SPORTS

The primary purpose of the recreational sports program is to provide for diversity through varying degrees and interest levels of competitive play in game format using all available facilities and resources in the most effective and efficient manner.

1. Informal Sports. The use of installation sports facilities by eligible patrons in a self-directed way at their own convenience, pace, and level of enjoyment is the objective of this program area. The following standards should be attained by each installation:

a. Maintenance of the necessary equipment, gear issue, and facilities needed for core sports.

b. Provision for scheduled and/or individually requested basic orientation to recreational sports facilities and programs.

c. Implementation of a patron award system as an incentive program to recognize achievement of Navy, local, and individual goals.

d. Patron accessibility to facilities which are not being used for structured events or on-going programs.

e. Implementation of fitness programs that includes the following:

- (1) Orientation to fitness equipment and programs;
- (2) Individual fitness assessments;
- (3) Exercise regimens or plans; and
- (4) Group/individual fitness/wellness education

f. Each installation is encouraged to provide either an all hands indoor or outdoor pool or access to aquatic resources in the local community to meet lap swim needs.

2. Intramural Sports. Scheduled and controlled competitive play opportunities in game form through tournaments, contests, and leagues in a variety of individual, dual, team, meet, and special event sports. Opportunities should be provided for men, women, and mixed competition with a variety of rule modifications to meet the patrons' needs and interests. This

program should be focused on all skill levels with everyone having an opportunity for personal and group satisfaction. An installation having an intramural sports program should provide the following program elements:

- a. Offer at least four individual/dual sports for men and women each year. The tournaments should be structured by skill levels: novice, intermediate, and advanced.
- b. Provide at least four team sport opportunities each year for men and women. The program should allow for "age 35 and over" league play in at least one major sport.
- c. Conduct at least two meet sports each year.
- d. Offer at least two special sports events each year.
- e. Host at least one sport competition involving intramural participants/teams with the local community.
- f. Conduct a "Captain's Cup" Sports program to stimulate interest, participation, and competition within the installation.
- g. Every effort should be made to use certified officials at all levels of competition. In team sports competition, the appropriate number of officials per sports contest will be based on the national sports governing body standards. To this end, sponsoring clinics for the purpose of qualifying and certifying officials would be beneficial.
- h. Official rules set forth by the organization as specified in enclosure (3) governing amateur competition in each sport should be used.

3. Extramural Sports

a. Regional Sports Program. The Navy Area and Regional Sports Program is organized as an outgrowth of the local intramural sports program. The purpose is to provide active duty men and women an opportunity to participate in at least one higher level of competition above the local intramural level. Each geographical region will have a regional coordinator designated by the Chief of Naval Personnel (Pers-65). Each regional coordinator is responsible for the development, conduct, and fiscal accountability of the sports program in the region. Commands within the region should participate in determining the nature and scope of the sports program within the guidelines and funding thresholds prescribed by CHNAVPERS

(Pers-65). In the interest of program equity, each region will have a funding limit of four team sports and four individual or dual sports per fiscal year. Sports in the regional program should be those having existing intramural participation and are recommended by senior enlisted and ship and installation commanders. The selection of sports, tournament format, rules, team composition, schedule, dates, sites of competitions, and awards will be left to the determination of each region. Each region will establish a maximum number of eligible entries for the sports offered and budget requests will be based on these figures. It is important that ways and means to encourage maximum participation for the least cost be foremost in program design for each region. Local area eliminations will be conducted in areas of activity concentration within a region to reduce the number of teams traveling to regional championships. Every opportunity will be made to include or accommodate afloat participation in the Regional Sports Program. Competition will terminate at the regional level.

b. All Regional Sports Programs must adhere to the following regulations:

(1) Eligibility. Participation in the program is restricted to naval personnel on active duty for more than 90 days and active duty military personnel of other services who are tenanted or serving on a naval base or ship. U.S. Coast Guard commands/units not tenanted on a naval base or ship are also authorized to participate. U.S. Coast Guard commands/units will be expected, however, to pay or reimburse any significant or identifiable tournament or travel costs on a pro rata basis. The Navy's commitment to women requires modification of the regional sports program eligibility policy to expand team participation opportunities for active duty women in locations where the number of personnel is insufficient to meet sports roster requirements. Within the present budget framework, dependent spouses are eligible for the regional program under the following guidelines:

(a) Dependent spouses may participate in team sports when the number of active duty personnel available is not sufficient to meet the roster requirements. In all cases, active duty personnel will have priority.

(b) Active duty personnel must constitute the majority of the team roster.

(2) Team Augmentation. Base or ship identity will be retained throughout the competitions as there will be no augmentation of teams above the base or ship level. Each region is strongly encouraged to advance the intramural champion to represent the base or ship in the regional program. However, if the winning team does not have sufficient eligible players to advance as a team, personnel may be assigned from other teams in the intramural league. Regular players should not be replaced by an "assigned" player to improve the overall team. Activities unable to formulate a men's or women's intramural program may select a composite team to participate in the regional program. If a ship's team has participated in the local intramural league or tournament to determine the command representative, then that ship may not enter a separate team. The same would hold true for another command. Commands not having an opportunity to compete in local eliminations may send teams or individuals directly to the regional championships for their respective geographical region subject to entry requirements and regional coordinator approval.

(3) Funding. Central funding of the area and regional competitions (four team sports and four dual/individual sports) above the local level will be included as means of providing supplemental benefit to local programs. This precludes participation from being limited only to commands that are financially able to share the cost. Each region will be allocated a pre-established dollar amount for the entire sports year, based on the submitted budget request received from each regional coordinator. Subject to prior CHNAVPERS (Pers-651E) approval, interservice competition at certain geographic locations may be authorized where:

- (a) Limited Navy activity competition exists.
- (b) Travel costs make local interservice competition economically advantageous.
- (c) Intramural programs would be enhanced by the addition of interservice competition.
- (d) The following regulations will apply concerning the expenditure of regional sports funds:

1 Funds are intended only to defray costs related to hosting and conducting area and regional competitions and travel costs to regional championships.

2 Local eliminations will be conducted in the areas of activity concentration to reduce the number of teams traveling to regional championships.

3 Only sporting events will be funded by BUPERS under the regional sports program.

4 No salaries, intern expenses, or large administrative cost (limit of \$100.00 per sporting event) may be charged to the Regional Sports Program.

5 Regional funds are not authorized in support of local league play. Only tournament play under program guidelines may be funded.

6 Regional socials, if held, will be the fiscal responsibility of the hosting installation.

7 Regional funds for awards are not authorized for area elimination tournaments leading to regional sports championships. Total award cost per team shall not exceed \$800 for each regional championship.

8 Individual incidental expense allowance for meals or billeting is not authorized.

9 Use of government vehicle transportation in support of participation is authorized.

4. Varsity Sports Program. Navy personnel with highly developed sports skills, need opportunities to compete with others capable of challenging their skills. The development of varsity sports programs is encouraged, but not at the expense of any other program elements.

5. Club Sports. Individuals who organize because of a common interest in a sport are the core of the club sports program. These groups are usually seeking regular and on-going use of sports facilities to enhance their own skills or abilities in a particular sport. The recreational sports staff should assist in the organization of a sports club. However, once established, the club should function as a private organization. Club activities are an excellent way to get maximum participation of authorized personnel.

ATHLETIC SPORTS

Athletics represents the area of sport concerned with excellence or success in sports performance. The athletic participant receives specialized external leadership. This higher level competition is provided for all eligible active duty personnel based on verifiable athletic qualifications. Four program areas comprise this division: Navy Trial Camp, Armed Forces Sports Championships, Conseil International Du Sport Militaire (CISM), and national/international competition(s).

1. Athletic Competitions. Athletes are recommended and endorsed by their commanding officers and athletic directors for admission to Navy Trial camps, Armed Forces Sports, CISM, and national and international competitions, and must submit applications [enclosure (11)] to the BUPERS, Physical Fitness Section (Pers-651E) to be considered. Athletes selected for these camps will compete for roster spots to represent the Navy at higher level athletic competitions.

a. Eligibility. Personnel are eligible for Navy Athletic sports under the following conditions:

(1) All officers and enlisted personnel ordered to active duty for a period of 90 days, for other than training purposes, are eligible to participate in the regional and higher level competitive sports programs.

(2) Personnel of other services stationed at naval commands may be selected to represent the Navy in Armed Forces and higher level competitions only with the concurrence of their parent Service. The same standard applies to Navy personnel who are selected to represent another Service.

(4) Naval Reserve Officers Training Corps (NROTC) midshipmen, U.S. Naval Academy (USNA) midshipmen and Naval Reservists are excluded from participation in the regional, Armed Forces Championships, and CISM sports events.

(5) Professional boxers may not enter any Navy boxing competition events.

b. Applications. Applications or nominations for participation in scheduled Navy Sports Trial camps may be submitted by letter or message. In all cases, applications must be forwarded via the commanding officers. Message nominations must be sent by the parent command and be followed by a completed physical examination form.

Since the number of participants for each training camp will be limited, it is essential that only candidates with proven ability to compete in higher levels of athletic competition be nominated. All applications and nominations for sport trials and training camps must be received by CHNAVPERS (Pers-651E) not later than 30 days prior to the start of each trial camp. All applicants will be notified by CHNAVPERS (Pers-651E) of their selection to the trials/training camp. Listed below are the minimum standards for certain trial camps. However, meeting these standards does not confer qualification for the camp. All standards must be verified when applying. Verifications may be in the form of handicap cards, newspaper results, official league or meet results, etc..

	<u>Average, Handicap, Time, Etc.</u>	
	<u>Men</u>	<u>Women</u>
(1) Bowling	195	160
NOTE: All bowlers must have participated in at least one League in a military bowling center during the current Year; league sheet must be attached to application.		
(2) Golf	5	Open
(3) Track and Field		
100M	11.0	12.5
200M	22.5	25.5
400M	49.0	58.0
800M	1:53.0	2:20.0
1500M	4:10.0	4:45.0
3000M	-	11:00.0
5000M	15:30.0	20:00.0
10,000M	33:00.0	-
3000 Steeplechase	10:00.0	-
110M Hurdles	15.0	17.0
400M Hurdles	54.0	1:00.0
Pole Vault	14'0"	-
High Jump	6'5"	5'3"
Long Jump	23'0"	15'5"
Triple Jump	47'0"	-
Shot Put	47'0"	40'0"
Discus Throw	160'0"	125'0"
Hammer Throw	150'0"	-
Javelin Throw	175'0"	125'0"

(4) Personnel of other services who are tenanted or serving on a naval base or ship are encouraged to submit their

application in the same manner as Navy personnel. In such cases, applications will be referred to the appropriate Service headquarters for consideration to participate with their Service team. U.S. Coast Guard personnel should forward their applications to the Commandant, U.S. Coast Guard (G-PS-4), Washington, DC 20590. That office will coordinate with CHNAVPERS (Pers-651E) for possible selection and necessary arrangements of U.S. Coast Guard participation in Navy sports trials or training camps. Any further information or questions concerning the sports trials or training camps may be referred to BUPERS, Physical Fitness Section (Pers-651E), Washington, DC 20370-5651.

c. Selection of Candidates. In order that all personnel receive equal opportunity, a continuous program of selection must be maintained so as to reach those just entering the Navy, recent transferees, and personnel who have developed skills during active duty. Selection of personnel for sports trial camps to compete for places on the Navy Armed Forces Sports teams will be made by CHNAVPERS (Pers-651E) and will normally be based on the following criteria:

(1) Certified information and reference check as obtained from applicant's submitted application form.

(2) Known athletic ability as demonstrated by results in recent national, collegiate, or international competitions.

(3) Qualifying standards as contained in enclosure (2) may apply as selection criteria.

d. Financial Support of Trial Camp Athletes. Funds to support individuals selected to participate for roster selection to Navy teams will be furnished by CHNAVPERS.

(1) Commercial and/or Military Airlift Command (MAC) transportation from duty station to trial/competition site and return to permanent duty station is authorized. However, individuals electing to travel for personal convenience by means other than those scheduled by CHNAVPERS will not be reimbursed. Reimbursement for travel by means other than those scheduled, such as privately owned vehicle, will be provided only upon approval of requests submitted to CHNAVPERS (Pers-651E). Except in an emergency, commands will not change scheduled transportation without prior approval of CHNAVPERS (Pers-651E).

(2) Berthing will be provided at no cost to each participant.

(3) In certain situations, funds in the form of per diem, entry fees, passport fees, local transportation costs, etc., may be authorized for athletes traveling to trial camp and competitions held away from the hosting site.

e. Orders. Instructions or authority to issue orders for personnel selected to report to an installation for a trial camp will be forwarded by CHNAVPERS (Pers-651E).

2. National and International Competition

a. Applications. Personnel who feel they possess the high degree of athletic ability required to represent the Navy in Armed Forces and/or national championships or the United States in any other approved international competitions, may apply to CHNAVPERS (Pers-651E) or to the Commandant, U.S. Coast Guard (G-PS-4), as appropriate. All applications must be forwarded via commanding officers. Application for participation in international training or competitions in those sports not on the Armed Forces Sports schedule may be forwarded at any time. These applications will be subject to an evaluation by the appropriate national sports governing body for that sport. Only prime candidates, as verified by the national sports governing body, will be considered for CHNAVPERS financial support. Additionally, should prime candidates require special consideration in duty status or location in order to accomplish specialized athletic training, CHNAVPERS (Pers-65) will endorse and forward such request to CHNAVPERS Distribution Management and Control Division (Pers-46) for consideration.

b. Selection of Candidates. Selection of personnel for training to compete in national and international competitions will be made by CHNAVPERS (Pers-651E) and will normally be based on the following criteria:

(1) Certified information and reference check as obtained from applicant's submitted application form.

(2) Known athletic ability as demonstrated by results in recent national, collegiate, or international competitions.

(3) Results of competition in the Armed Forces Sports Championships.

(4) Qualifying standards as contained in this enclosure may be applied as selection criteria.

3. Financial Support of Trial/Training Camp Athletes. The following support for participation in higher level competition may be provided by CHNAVPERS:

a. Commercial and/or MAC transportation from duty station to training/competition site and return to permanent duty station is authorized. However, individuals electing to travel for personal convenience by means other than those scheduled by CHNAVPERS will not be reimbursed. Reimbursement for travel by means other than those scheduled by CHNAVPERS, such as POV, shall be provided only upon approval of requests submitted to CHNAVPERS (Pers-651E). Except in an emergency, commands will not change scheduled transportation without prior approval of CHNAVPERS (Pers-651E).

b. Berthing will be provided at no cost to each participant.

c. In certain situations, an amount in the form of per diem, entry fees, passport fees, local transportation costs, etc., may be authorized for athletes traveling to trial camp and competitions held away from the hosting site.

d. Funds for support of individuals selected to train for teams that will represent the Navy in higher levels of sports competition will be furnished by CHNAVPERS. Upon selection to participate in such competitions, these individuals will be equipped, transported, and given subsistence by the sponsoring agency in the same manner as are civilian members of the team if the team composition is other than all military. All CISM competition is within the military and funding in each case will be as directed by CHNAVPERS.

4. Assignment and Training. Personnel who are selected to participate may be placed on duty at such places and for such periods of time as is necessary to accomplish the following:

a. To train for and participate in higher level sports competition.

b. To plan, observe, or coordinate matters pertaining to authorized sports competitions.

5. Orders. Instructions or authority to issue orders for personnel selected to report to an installation for a trial camp will be forwarded by CHNAVPERS (Pers-651E).

HOSTING OF NAVY SPORTS TRIALS, ARMED FORCES SPORTS
CHAMPIONSHIPS, AND CONSEIL INTERNATIONAL DU SPORTS MILITAIRE
(CISM) COMPETITIONS

1. Responsibilities. The following will be provided by the host command:

- a. Berthing and messing for all authorized squad members.
- b. Game equipment and supplies.
- c. Transportation adequate to meet competitive or abnormal subsistence requirements.
- d. Publicity.
- e. Suitable awards ceremony, if required.
- f. Officials of recognized professional status, if necessary.
- g. Holding a banquet, luncheon, or other social event in honor of participants is not required but is authorized and considered appropriate for Navy Trial Camps. It is, however, required for Armed Forces and CISM Championships. In those instances where such functions are held, care should be exercised to ensure that costs involved are not excessive.
- h. A trial/event summary and request for reimbursement shall be forwarded to CHNAVPERS (Pers-651E) by the host command within 30 days of completion of the event.

2. Conducting Sports Trial/Championships. The following are guidelines for use in hosting events:

- a. Host will be selected from among commands volunteering for such assignments.
- b. Sports events to be included and other details pertinent to the conduct of the event, financial assistance to hosts, roster sizes, coaches/managers, dates, rules, etc., will be issued each year by CHNAVPERS.

3. Logistic Support. Commands electing to sponsor these higher level sports trials/competitions should assume the responsibility for support of the same as directed by CHNAVPERS.

BUPERSINST 1710.20
02 DEC 1992

The support should include but may not necessarily be limited to:

a. Providing uniforms and equipment for competition as necessary.

b. Providing orders as directed. Commands with individuals participating in higher levels of competition shall issue no-cost temporary additional duty (TAD) orders to cover such participation. TAD orders shall be worded to permit individuals to further proceed to higher levels of competition, if so qualified and selected. Issuance or endorsement of individual orders is recommended for accommodation of individuals selected to proceed to higher level competitions.

c. Providing transportation to and from site of competition.

d. Payment of expenses (above those normally expected of a host command) incident to housing or subsistence.

e. Authorized miscellaneous support of equipment. CHNAVPERS will provide some equipment for practice and competition.

f. Per diem and travel costs for practice games as approved by Pers-651E.

g. Local commands are encouraged to send competitors to higher levels of competition with adequate support. Parent commands should ensure that participants representing the command and the Navy have in their possession at least one complete uniform while participating in any higher level competition.

NON-NAVY SPORTS

1. Non-Navy Sports are those sports in which the Navy neither has a trial camp nor participates in an Armed Forces Sports Championship. CHNAVPERS (Pers-65) must give approval to teams or individuals representing the Navy in all non-Navy sporting events. A commanding officer may conduct or enter a team in a local or regional interservice competition. To distinguish between local or regional interservice competitions and the Armed Forces Sports Championship events, the titles for local and regional competitions do not include the words "Armed Forces."

2. Competition with other than military individuals or teams is authorized subject to the following conditions:

a. Activities must certify that their entries meet the eligibility requirements, rules, and regulations of the appropriate governing body for the sport in which they are competing.

b. Competition with or between professional teams is authorized only on Navy installations for the entertainment of Navy personnel.

c. Navy personnel are not permitted to compete in games, contests, or exhibitions conducted by promoters or groups operating for the purpose of personal or organization gain, unless prior permission has been obtained from CHNAVPERS (Pers-65).

d. Participation in any sports event, which is conducted away from a military installation by teams or individuals representing the Navy or which are supported by MWR funds, may be authorized only if all aspects of the event are nondiscriminatory in nature.

e. Authorized patrons of MWR activities shall not be charged admission to athletic events held on military installations. An exception to this rule may be made in order to defray the cost of bringing civilian teams on Navy installations for entertainment purposes, when local MWR funds are not adequate to meet such costs or in cases where competition is held off base as part of a reciprocal competitive arrangement. Local civilian attendees to athletic events may be charged admission.

02 DEC 1992

3. Requests to participate in outside competition in the following situations should be submitted to CHNAVPERS (Pers-65) for approval:

a. Competitions between local commands and foreign organizations outside the normal community relations area of the participating command. Overseas installations may waive this for their base if the Status of Forces Agreement permits.

b. Benefit contests in support of charitable organizations. Participation in such contests is limited to those organizations recognized by the President's Committee on Fund Raising.

c. Navy athletes participating in international competitions, exhibitions, or clinics must obtain travel permits and clearances from the Department of State through CHNAVPERS (Pers-65) before leaving the United States.

NAVY BOXING COMPETITION

1. Organizers of military boxing events are required to retain and be familiar with the contents of the current copies of four publications issued by USA Boxing, Inc., which is the national governing body for boxing. The publications required are the Official Rules, the Physician's Ringside Manual, the Safety Awareness Manual, and the Introduction to Olympic Boxing Pamphlet. To order these publications, write to USA Boxing, Inc., 1750 E. Boulder Street, Colorado Springs, Colorado, 80909-5776. There is a nominal charge for these publications.

2. Organizers are encouraged to assist trainer/coaches, referees, and judges in attending clinics and workshops offered through USA Boxing, Inc. The knowledge obtained from these clinics and workshops will reflect in the quality of future events and the proficiency and safety of participating athletes.

3. Assistance in obtaining referees, judges, timers, etc. may be possible at U.S. locations by contacting the local boxing committee within whose territorial limits the event is held. Also, if qualified medical support is not available within the military, organizers must obtain such support from outside sources.

4. All participants (boxers, trainers/coaches, referees, and physicians) are required to attend at least one pre-competition meeting or clinic. The purpose is to review concepts contained in the Safety Awareness Manual and explain procedures for training and competition. Additionally, at this meeting boxers who have little or no experience will be given basic instruction on the principles of training and the rules of the sport.

5. Medical officers providing support must be familiar with and meet the requirements of the Physician's Ringside Manual.

a. The professional qualifications of these medical officers should include current competency in the emergency treatment of head trauma, management of traumatic injury, certification in basic and advanced cardiopulmonary resuscitation, and experience in transporting an unstable patient.

b. The ready availability of sophisticated diagnostic and neurosurgical care must be identified and contingency plans for its access developed.

c. As contained in the Official Rules, only a medical doctor or doctor of osteopathy may perform pre-competition physical examinations or attend at ringside during the event.

d. Physical examinations are mandatory for each competitor on each day he is scheduled to box.

e. Any boxer complaining of headache symptoms will not be permitted to box in the subsequent training or competition events without medical clearance.

6. Boxing competition will only be authorized after each participant has met the following criteria:

a. Each participant must have a completed NAVPERS 1710/20, Navy Sports Application [enclosure (11)], prior to beginning a training program.

b. The training program will include a sound total conditioning program which includes flexibility, strength and endurance development, along with circuit and interval training. The psychological, nutrition, and weight control areas must also be part of the total boxing training program. Each participant must have spent at least 4 weeks under the qualified supervision of a boxing trainer/coach prior to competition.

(1) During the course of the training program, both the coach and the boxer must inspect the boxing equipment daily. A written record of the date and inspection finding must be maintained. Destroy when 2 years old.

(2) The boxer must make certain that his personal gear is in perfect condition. This will include the inspection of hand wraps, mouthpiece, protective cup, sparring gloves, head guard, and boxing shoes.

(3) When ring work is required, the trainer/coach must use sound judgment and administer proper supervision.

(a) The trainer/coach must make certain that sparring work is with a partner of the same weight, size, ability, and experience. The sparring gloves and head gear should be made of the same material which produces the lowest known severity index.

(b) Gloves worn will be 16-ounce for all weight classes, either thumbless or thumb-attached, and of a design which is currently approved by USA Boxing, Inc.

(c) Headgear must also meet USA Boxing, Inc., specifications and will be worn by boxers whether competing on-base or

in civilian venues. Headgear must also be worn during all sparring sessions.

(d) Mouthpieces must be custom made and individually fitted; groin protectors must meet USA Boxing, Inc., specifications and both must be worn at all times during competition and sparring.

c. If any of the following problems occur before, during, or after training or ring work, the athlete must be taken to the nearest emergency medical personnel for immediate medical attention:

- (1) Increased drowsiness or loss of consciousness;
- (2) Repeated vomiting;
- (3) Inability to move a limb;
- (4) Blurred vision;
- (5) Mental confusion;
- (6) Excessive restlessness (can't sleep or rest);
- (7) Oozing of blood or watery fluids from the nose or ears;

or

- (8) Inability to control urine or feces.

d. Should an accident occur, the trainer/coach or person in charge must take immediate action. The trainer/coach will call for medical assistance, notify the appropriate personnel, and write-up an accident report listing pertinent information leading up to the incident and explaining the measures taken to handle the problem. Additionally, in the event of a serious injury or death, the procedures outlined in the Naval Military Personnel Manual (MILPERSMAN) 1556A, article 1770-010 must be followed.

7. Boxing events will consist of bouts with no more than three rounds, each round not exceeding 2 minutes. Extreme care will be taken when pairing boxers, using USA Boxing, Inc. criteria to ensure equitable matches.

8. In summary, strict adherence to these regulations is essential to provide the best possible environment in which to conduct a safe boxing program.

AWARDS

1. The following guidelines pertain to the awards program for use with the Navy Sports Program.

a. Cash Awards. Officially-sponsored athletic competitors, in other than military-sponsored competition, must return any cash or certificate redeemable in cash accepted as an award for participation in competition to the cognizant MWR Fund for his or her parent command or the command represented or furnishing support. This does not apply to a competitor while on leave.

b. Special Athletic Achievement Program. CHNAVPERS provides appropriate awards to Navy personnel for accomplishing certain athletic achievements. The guideliness for awarding such certificates are as follows:

(1) Eligibility. All officer and enlisted personnel on active duty in the Navy for a period of 90 days or more and their family members are eligible. NROTC and USNA midshipmen are not eligible.

(2) Awards and Requirements

(a) Bowling awards requirements are: Men, for rolling "300 game" or "700 series" in tenpins; and women, for rolling "300 game" or "600 series" in tenpins. Requests should include verification by teammates or opponents and an official of the bowling center.

(b) Golf (Hole-in-One) award requirements are: Must be accomplished on a regulation golf course (one which has no more than five par-3 holes out of 18). Requests should include the score card properly attested by playing partners and the course manager.

SPORTS SAFETY PROGRAM

1. Purpose. The primary purpose of a sports safety program is to control and regulate the activities so the least number of injuries occur as a result of sports activities.

2. Safety Procedures. The MWR director must have written safety measures to reduce the possibility of injury to participants and spectators per Naval Safety Center policies. The policy must include the following:

a. All playing areas are free from obstructions on their surfaces, around the edges, and overhead.

b. Walls are padded where necessary, especially near basketball goals.

c. Courts are in good repair and have standard markings.

d. Bleachers are inspected periodically, constructed and maintained according to standards, and placed well back or away from playing boundaries.

e. Non-slip floor treatment is used in wet areas such as showers and locker rooms.

f. An alarm system is installed in sauna and steam rooms to alert personnel of emergencies.

g. Temperature of sauna and steam rooms are closely monitored, maintained within recommended ranges, and recorded.

h. Approved safety equipment required by the national governing body of that particular sport is worn by all competitors during practice and games.

i. Mandatory safety signage is posted and highly visible.

3. Medical Examination and Clearances. Medical examinations are encouraged for all personnel prior to participation in physically exacting sports or activities. Medical examinations and clearances are required for persons taking part in boxing and tackle football prior to participation.

4. Protective Equipment. The commanding officer will take the necessary precautions to ensure that all personnel participating in the sports program are properly outfitted with protective

gear and that all facilities have the proper safety equipment to minimize the incidence of injuries.

5. Racquetball/Squash/Handball. Personnel participating in racquetball, squash, and handball competition are required to wear approved eye protection. Impact-resistant eyewear should be either molded polycarbonate wraparound protectors or lenses mounted in sturdy frames. This requirement applies to all participants (military, family members, civilians, and guests) at all times. Navy facilities should have sufficient quantities of such eyewear available for loan at no charge to the participants.

6. Softball. Safety or break-away bases are required on all softball and baseball fields, both adult and youth. The base will be designed to release from its mooring with little impact force or absorb impact and thereby dissipate impact load and resultant trauma to player.

7. Boxing Safety. Enclosure (7) of this instruction provides the minimum regulations to be followed to ensure the safety of boxing participants when conducting any boxing competition ashore. No waivers to these requirements will be granted.

8. Soccer. To eliminate the risk of injury from portable soccer goals, the following safety measures must be instituted:

a. Teach children and personnel never to climb on the net or goal framework for any reason.

b. Securely anchor the portable goals at all times, even when they are moved to the sidelines.

c. Remove nets when the goals are not in use.

d. Tip used goals onto their face or rest the framework on nearby fence posts, dug-outs, or some other structure to reduce the possibility of falling over.

02 DEC 1992

SPORTS GOVERNING BODIES/SPORTS ORGANIZATIONS
FOR NAVY SPORTS AND ARMED FORCES SPORTS CHAMPIONSHIP COMPETITION

NATIONAL ARCHERY ASSOCIATION
US 1750 East Boulder Street
Colorado Springs, CO 80909

THE ATHLETIC CONGRESS
P.O. Box 120
Indianapolis, IN 46206

US BADMINTON ASSOCIATION
501 West 6th Street
Papillion, NE 68046

US BASEBALL FEDERATION
2160 Greenwood Avenue
Trenton, NJ 08609

USA BASKETBALL
1750 East Boulder Street
Colorado Springs, CO 80909

US BIATHLON ASSOCIATION
P.O. Box 5515
Essex Junction, VT 05453

US BOBSLED AND SKELETON
FEDERATION
P.O. Box 828
Lake Placid, NY 12946

USA AMATEUR BOXING FEDERATION
1750 East Boulder Street
Colorado Springs, CO 80909

US CANOE AND KAYAK TEAM
Pan American Plaza, Suite 470
201 South Capitol Avenue
Indianapolis, IN 46225

US CYCLING FEDERATION
1750 East Boulder Street
Colorado Springs, CO 80909

UNITED STATES DIVING, INC.
Pan American Plaza, Suite 430
201 South Capitol Avenue
Indianapolis, IN 46225

US FENCING ASSOCIATION
1750 East Boulder Street
Colorado Springs, CO 80909

FIELD HOCKEY ASSN OF AMERICA
US FIELD HOCKEY ASSOCIATION
1750 East Boulder Street
Colorado Springs, CO 80909

US FIGURE SKATING ASSOCIATION
20 First Street
Colorado Springs, CO 80909

FLAG FOOTBALL
NATIONAL INTRAMURAL
RECREATIONAL SPORTS ASSN
OSU, 850 SW 15th Street
Corvallis, OR 07333

US SQUASH RACQUETS ASSOCIATION
23 Cynwyd Road
P.O. Box 1216
Bala Cynwyd, PA 19004

AMERICAN WATER SKI ASSOCIATION
799 Overlook Drive
Winter Haven, FL 33884

NATIONAL COLLEGIATE ATHLETIC
ASSOCIATION
P.O. Box 1906
Mission, KS 66201

US SLOW PITCH SOFTBALL
ASSOCIATION
P.O. Box 2047
Petersburg, VA 23804

NATIONAL FEDERATION OF STATE
HIGH SCHOOL ASSOCIATIONS
P.O. Box 20626
Kansas City, MO 64195

AMERICAN AMATEUR RACQUETBALL
ASSOCIATION
815 North Weber
Colorado Springs, CO 80903

02 DEC 1992

US AMATEUR CONFED OF ROLLER
SKATING
P.O. Box 6579
Lincoln, NE 68506

US ROWING ASSOCIATION
Pan American Plaza, Suite 400
201 South Capitol Avenue
Indianapolis, IN 46225

NATIONAL RIFLE ASSOCIATION
1600 Rhode Island Avenue, N.W.
Washington, DC 20036

US SKI ASSOCIATION
US SKI TEAM
P.O. Box 100
Park City, UT 84060

US SOCCER FEDERATION
1750 East Boulder Street
Colorado Springs, CO 80909

AMATEUR SOFTBALL ASSOCIATION
2801 N.E. 50th Street
Oklahoma City, OK 73111

US INTERNATIONAL SPEEDSKATING
ASSOCIATION
1750 East Boulder Street
Colorado Springs, CO 80909

US SWIMMING, INC.
1750 East Boulder Street
Colorado Springs, CO 80909

US SYNCHRONIZED SWIMMING, INC.
Pan American Plaza, Suite 510
201 South Capitol Avenue
Indianapolis, IN 46225

US TABLE TENNIS ASSOCIATION
1750 East Boulder Street
Colorado Springs, CO 80909

US TAEKWONDO UNION
1750 East Boulder Street
Colorado Springs, CO 80909

US TEAM HANDBALL FEDERATION
1750 East Boulder Street
Colorado Springs, CO 80909

US TENNIS ASSOCIATION
1212 Avenue of the Americas
New York, NY 10036

US VOLLEYBALL ASSOCIATION
3595 East Fountain Boulevard
Colorado Springs, CO 80910

UNITED STATES WATER POLO
201 South Capitol Avenue
Indianapolis, IN 46225

US WEIGHTLIFTING FEDERATION
1750 East Boulder Street
Colorado Springs, CO 80909

US WRESTLING
225 South Academy Boulevard
Colorado Springs, CO 80910

US YACHT RACING UNION
P.O. Box 209
Newport, RI 02840

THE USA KARATE FEDERATION
1300 Kenmore Boulevard
Akron, OH 44314

US ORIENTEERING FEDERATION
P.O. Box 1444
Forest Park, GA 30051

US TEAM HANDBALL FEDERATION
1750 East Boulder Street
Colorado Springs, CO 80909

AMERICAN BOWLING CONGRESS
(ABC)
5301 S. 76th Street
Greendale, WI 53129

US CHESS FEDERATION (USCF)
186 Route 9W
New Windsor, NY 12550

BUPERSINST 1710.20
02 DEC 1992

U.S. OF AMERICA RUGBY FOOTBALL
UNION, LTD.
830 N. Tejon, Suite 104B
Colorado Springs, CO 80903

Navy Sports Application

From:

To: **Chief of Naval Personnel (Pers-651E)**

Subj: APPLICATION FOR TRIAL AND TRAINING EVENT

Ref: (a) BUPERSINST 1710.20

Date:

SAMPLE

It is requested that I be considered for participation
in _____.
(Specify international competition or training camp)

I fulfill the eligibility outlined in reference (a) and believe that I possess the athletic ability to earn a billet
on the _____ teams.
(Specify Navy, Armed Forces, Olympic)

Name		Rate/rank		SSN	
Present duty station (Provide complete address. If deploying unit give location.)				Unit Identification Code	
Permanent home address					
Phone: Work			Home		
Expiration of present active duty				Date of birth	
U.S. citizen:		yes <input type="checkbox"/> no <input type="checkbox"/>	Naturalized		yes <input type="checkbox"/> no <input type="checkbox"/>
					Date of naturalization
Height	Weight	Size	Shirt	Shorts	Warm-ups
Sports experience/achievements during past three years (major events, teams, ranking times, etc.). Provide detailed information. Use space on back if necessary.					
Education					
References (verification of experience/achievements)					

It is understood that I must be in peak playing condition and ready to compete on the first day of the trial period. Further, I volunteer to train for and, if selected, represent the U.S. Navy, Armed Forces, and/or the United States in sports competition.

Signature

Privacy Act Statement

Authority to request this information is derived from 10 USC 5031, the purpose of which is to assist in the identification and selection of individuals qualified to train for higher levels of sports competition. This information will be used by the Navy Sports Office in determining those individuals with the highest qualifications for further training and competition. However, if requested information is not provided, individuals concerned may not be selected for this training/competition.

NAVPERS 1710/20 (11-92)

Navy Sports Application

AFFADAVIT AND CERTIFICATIONS		
I certify that all the information and data provided is correct and true and that I have read the understand the Privacy Act Statement.		
_____ Signature of requester		_____ Date
Current military address		
COMMANDING OFFICER ENDORSEMENT		
To: Chief of Naval Personnel Pers-651E Washington, DC 20370		From:
<input type="checkbox"/> Approved <input type="checkbox"/> Disapprove	(If selected for specialized training, TAD approval is contingent upon current workload and manning)	
_____ Date	_____ Typed name and grade of unit commander	_____ Signature
ATHLETIC/SPORTS DIRECTOR CERTIFICATION AND ENDORSEMENT		
I have reviewed this application and verify that the named individual is qualified in skill level to compete in USN or higher level competitions or trial camps.		
_____ Date	_____ Typed name of athletic/sports director	_____ Signature

(Continued from other side)

Navy Sports Application

REPORT OF PHYSICAL EXAMINATION

Date: _____

From: (Medical Officer)

To: Chief of Naval Personnel (Pers-651E)

Subj: Physical Examination
of _____

SAMPLE

1. _____ has been examined for participation in the U.S. Navy and international sport competitions and the results are provided:

_____ No athletic participation

_____ Limited participation, e.g.: _____

_____ Clearance withheld until: _____

_____ Full unlimited participation

Advice: _____

Physician's Signature: _____ Date: _____

SPORTS MEDICINE PHYSICAL EXAMINATION FORM

Medical History

I. Past Injuries

Do you have, or have you ever had, any of the following conditions? If so, please state when.

_____ Conclusion(s) _____ (number) _____
_____ Skull fracture(s) _____ (number) _____
_____ Neck injuries _____
_____ Shoulder injuries _____
_____ Elbow injuries _____
_____ Arm/wrist/hand injuries _____
_____ Rib cage injuries _____
_____ Back injuries _____
_____ Hip injuries _____
_____ Thigh injuries _____
_____ Knee injuries _____
_____ Lower leg injuries/"shin splints" _____
_____ Ankle injuries _____
_____ Foot injuries _____
_____ Muscle strains (pulls) _____
_____ Any injury to any part not mentioned? _____
_____ Do you have false teeth or a bridge? _____
_____ Have you been advised to restrict activity during the
past 5 years? _____

II. Past Illness or Medical Problems

Surgical operations

Confinement to hospital

SAMPLE

Frequent headaches _____
Fainting spells, dizziness or weakness _____
Weakness or illness when exposed to high _____
Temperatures _____
Epilepsy or convulsions _____
Numbness or tingling _____
Nosebleeds _____
Difficulty hearing _____
Frequent colds _____
Pneumonia _____
Tuberculosis _____
Rheumatic fever _____
Scarlet fever _____
Heart murmur _____
Have you ever had an electrocardiogram? ____ yes ____ no
If so, when and by whom? _____
High blood pressure _____
Arthritis _____
Diabetes _____
Any abnormal bleeding tendencies _____
Anemia _____
Thyroid disorders _____
Skin disorders _____
Any allergies ____ food(that should not be taken) _____
____ drugs/medicine _____
____ skin _____
____ asthma _____

_____ Loss of, or serious impairment of, a paired organ (e.g.,
 kidney, eye, lung) _____
 _____ Hepatitis or jaundice _____
 _____ Infectious mononucleosis (mono) _____
 _____ Bowel cramps or upsets _____
 _____ Frequent indigestion or heartburn _____
 _____ Stomach ulcer _____
 _____ Kidney and bladder problems _____
 _____ Menstrual problems _____
 _____ Do you/should you wear glasses or contacts? _____ yes _____ no
 _____ Do you have prescription(s) available? _____ yes _____ no
 _____ Anything else not mentioned? _____

Have you been immunized against: Date

_____ Diphtheria and/or tetanus _____
 _____ Polio _____

PHYSICAL EXAMINATION FORM

Name_____Age_____SS Number_____

Height_____Weight_____Blood Pressure____/____

Vision: OK____Needs investigation_____

SAMPLE

Medical Examination

Orthopedic Examination

	OK	Problem
Dental		
Eyes/Fundus		
Ears, Nose, Throat		
Head & Neck		
Skin & Scalp		
Lymphatic		
Thorax		
Lungs		
Heart		
Abdomen		
Hernia		
Genitalia		
Neurologic		

	OK	Problem
Neck & Shoulder		
Elbow, Hand & Wrist		
Back		
Knee		
Ankle		
Feet		
Flexibility		
Other		

Describe problem_____

Laboratory Tests

Hemoglobin/Hematocrit_____Gm._____% Urinalysis_____

Other:_____
